

Registration: <http://nutritioncare.org/cspen>

Or, mail in completed Registration Form below along with your payment via check.

Hotel Information: CSPEN has a group rate of \$157/night available for 10/24 and 10/25 at the Spring Hill Suites next to the hospital. Visit the CSPEN website for more information at coloradonutritioncare.org. You must book by 9/24/19 to receive the special group rate.

Registration Form

Nutrition Support Symposium 2019

Name: _____

Credentials: _____

Institution/Affiliation: _____

Position/Title: _____

Email: _____

Telephone: _____

Mailing Address: _____

City/State/Zip: _____

Are you a CSPEN member? YES NO

ASPEN Membership #: _____

Registration Fees

CSPEN Member / Non-Member:

Early (ends 9/27/19): \$119 / \$179

Regular (9/28-10/18/19): \$139 / \$199

Late (10/19-10/25/19): \$159 / \$219

Student: \$69 / \$69

Single Session: \$35

Lunch and refreshments included in full day registration.

Registration Fee Enclosed (make check payable to CSPEN): \$ _____

Please detach and return with payment to:

CSPEN Symposium Registration
8401 Colesville Road, Suite 510
Silver Spring, MD 20910

By registering for this conference I acknowledge and agree that my voice or image may be recorded for future use by the Chapter.

Continuing Education

Course Goal and Target Audience

The CSPEN conference aims to support healthcare professionals as they improve their knowledge of nutrition support through participation in evidence-based discussions. The conference is targeted to nutrition support professionals including but not limited to dietitians, nurses, pharmacists, and physicians.

Learning Level

The sessions in this conference are planned at the intermediate learning level. Intermediate assumes a general knowledge of the literature and clinical practice within the areas covered.

Intermediate sessions are aimed toward individuals wishing to expand their skills and knowledge base.

Successful Completion

To obtain credit for this course, participants must attend in full each session claimed for credit and complete the evaluations in ASPEN's eLearning Center at www.nutritioncare.org/elearning. Registered attendees may log in with the email and address on file with ASPEN. All evaluations must be completed and credit claimed by November 25, 2019, no exceptions.

Accreditation

Nurses, Pharmacists, and Physicians

In support of improving patient care, this activity has been planned and implemented by the Colorado Society for Parenteral and Enteral Nutrition

(CSPEN) and the American Society for Parenteral and Enteral Nutrition (ASPEN). ASPEN is jointly accredited by Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

A maximum of 6 contact hours/0.6 CEUs may be earned for the CSPEN Nutrition Support Symposium 2019.

ASPEN designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits TM*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ASPEN is approved by the California Board of Registered Nursing, Provider CEP 3970.

ACPE Universal Activity Numbers (UANs) are provided with individual session information. Sessions not displaying UANs are unavailable for pharmacy credit. Knowledge activities.

Dietitians

ASPEN, Provider AM005, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive a maximum of 6 continuing professional education units (CPEUs) for the educational programming.

RDs may also receive 1 CPEUs for interacting with exhibitors. Dietitians may post opinions of the program on CDR website, www.cdrnet.org.

Grievances

Any grievances should be addressed in writing to: ASPEN Director of Education and Research, 8401 Colesville Rd, Suite 510, Silver Spring, MD 20910. You can also email the CSPEN President at cspen.nutrition@gmail.com.

Policies

Non-Commercialism: ASPEN subscribes to the ACCME Standards for Commercial Support. ASPEN does not provide programs that constitute advertisement or include promotional materials. ASPEN does not endorse any products.

Privacy and Confidentiality: ASPEN respects the privacy of its members and website visitors. Companies that receive personal information from ASPEN in order to execute the business of ASPEN may use personal information only for that purpose. Information regarding discussion of the off label use of products, if any, will be provided in the onsite program materials and/or syllabi. Planning committee and faculty disclosures will be in the onsite program materials/and or syllabi.

Americans with Disabilities Act Statement: Please contact CSPEN at cspen.nutrition@gmail.com should you require any special arrangements at the conference.



JOINTLY ACCREDITED PROVIDER
INTERNATIONAL CONTINUING EDUCATION



Commission on Dietetic Registration
Accredited Provider

NUTRITION SUPPORT SYMPOSIUM 2019

PRESENTED BY:

cspen | COLORADO SOCIETY FOR PARENTERAL
AND ENTERAL NUTRITION
A Chapter of the American Society for Parenteral and Enteral Nutrition

Continuing education credits
will be available for
MD, RN, RD, and PharmD

Friday, October 25, 2019

Bruce Schroffel Conference Center
University of Colorado Hospital
12605 E 16th Ave, Aurora, CO 80045



PICS

ERAS Acid-Base

Ethanol Locks

Ketogenic

Microbiome

IGU

Agenda

7:30-8:00am Registration, Exhibits, Breakfast

8:00-8:15am Welcome

Jessica Monczka, RD, CNSC, CSPEN President

8:15-9:15am Demystifying the Gut Microbiota: Prebiotics and Probiotics in Human Health and Disease

Kelly Tappenden, PhD, RD

Professor and Department Head, University of Illinois at Chicago, Chicago, IL

Objectives:

- Articulate the many important physiologic functions of the intestinal microbiota
- Recognize signs and symptoms in individuals at high risk for dysbiosis
- Prescribe nutritional strategies, including the use of pre- and probiotics aimed at optimizing the intestinal microbial community

UAN: JA0002345-9999-19-128-L04-P

9:15-10:15am The New Norm: Enhanced Recovery After Surgery

Bethany Sarosiek, RN, MSN, MPH, CNL
Enhanced Recovery After Surgery (ERAS) Program Nurse, University of Virginia Health System, Charlottesville, VA

Objectives:

- Summarize outcomes and experiences in program implementation
- Describe key nursing steps for implementation of ERAS
- Outline potential barriers to ERAS program implementation and identify ways to overcome

UAN: JA0002345-9999-19-129-L04-P

10:15-10:45am Morning Break and Vendor Exhibits

10:45-11:45am Central Line Care and Assessment

Kristen Buckley, BSN, RN, CPN
Clinical Nurse III, Department of Radiology, Children's Hospital Colorado, Aurora, CO

Objectives:

- Identify types of central line complications
- Analyze prevention and treatment options including ethanol locks
- Discuss differences in central line care in the hospital versus home and provide patient education resources

UAN: JA0002345-9999-19-133-L04-P

11:45am-12:15pm Poster Presentations

12:15-1:15pm Lunch, Vendor Exhibits, Posters, Networking

12:30-1:00pm CSPEN Business Meeting

All CSPEN Members Welcome

1:15-2:15pm Acid-Base Disorders: A Pharmacologic and Nutritional Perspective

Sharon Gordon, PharmD
Clinical Pharmacy Specialist, Children's Hospital Colorado, Aurora, CO

Objectives:

- Identify signs and causes of common acid-base disorders
- List medications which can affect acid-base balance
- Describe adjustments to enteral and parenteral nutrition which can alter acid-base balance

UAN: JA0002345-9999-19-131-L04-P

2:15-3:15pm Diet Therapies for Epilepsy

Stephanie Criteser, RD, CSP, CNSC
Clinical Dietitian, Children's Hospital, Aurora, CO

Objectives:

- Describe the basic nutrition concepts of the ketogenic diet and other diet therapies used to treat epilepsy
- Compare management of patients with epilepsy who are on an oral diet or enteral nutrition support
- Determine critical care management of a patient who is on the ketogenic diet or who needs to start diet therapy urgently

UAN: JA0002345-9999-19-132-L01-P

3:15-3:30pm Afternoon Refreshment Break

3:30-4:30pm ICU Nutrition: From Acute Care to Persistent Inflammation Immunosuppression Catabolic Syndrome (PICS)

Martin Rosenthal, MD
Assistant Professor of Surgery, University of Florida, Gainesville, FL

Objectives:

- Discuss ICU care and timeliness of providing calories: old literature versus new
- Summarize new evidence on protein delivery since the publication 2016 ASPEN/SCCM guidelines
- List nutrition supplements that can be provided to decrease pathophysiologic response in chronic critical illness and PICS

UAN: JA0002345-9999-19-130-L01-P

4:30pm Closing Remarks

Jessica Monczka, RD, CNSC, CSPEN President

