A note from the President:

What an exciting time to serve as your CAND president for the 2018-2019 Academy year. Over the past year, we have had some great momentum in building our brand of Registered Dietitians as Colorado’s nutrition experts, which we hope to continue over the next year. I would like to thank and welcome the new CAND board of directors, who have brought their great ideas and positive energy to CAND. We are pleased to continue offering more services to our members with more CEU opportunities, volunteer events, and additional networking events where you can connect with your peers. As always, if there is anything you would like to see or anything you would need, please feel free to contact me directly at jonpadia@gmail.com, and I would be happy to connect.

Have a great summer!

Jon Padia, MS, RD, SNS
CAND President 2018-2019
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WE HAD A GREAT SPRING, FILLED WITH NETWORKING EVENTS; CONTINUING EDUCATION LECTURES ON TOPICS SUCH AS FUNCTIONAL NUTRITION AND TELEHEALTH; A DICAS WORKSHOP FOR OUR RDS-TO-BE AND A WALKING EVENT WITH WALK-TO-CONNECT.

OUR SOCIAL MEDIA COMMITTEE HAS BEEN BUSY POSTING BLOGS ON TOPICS RELEVANT TO THE RD AND STUDENT COMMUNITY, AND SHARING PHOTOS AND LINKS ON INSTAGRAM AND FACEBOOK.

SEVERAL OF OUR MEMBERS ATTENDED THE CAND CONFERENCE AND PRESENTED POSTERS.

WE ALSO AWARDED HUNDREDS OF DOLLARS IN SCHOLARSHIPS FOR DICAS AND DIETITIAN CONTINUING EDUCATION.

FOLLOW US

WITH MANY OF OUR BOARD MEMBERS CONTINUING ON FOR THE 2018-2019 YEAR, AND SEVERAL NEW ELECTIONS, WE HAVE LOTS OF EXCITING EVENTS PLANNED!

WATCH OUR COMMUNITY GROW

INSTAGRAM: @EATRIGHTDENVER  FACEBOOK  DENVER DIETETIC ASSOCIATION
The 2017-18 membership year proved successful with an increase in membership and a great membership appreciation dinner. The Northern Colorado Dietetic Association (NCDA) is appreciative of members for their continued involvement and looks forward to the coming year.

We are excited to welcome a new board for 2018-19 consisting of some new and familiar faces. We are pleased to welcome new board members Catherine Gerweck, DMD, MS, RDN and Becky Wiggins, RD. Dr. Gerweck is currently an instructor in Nutrition and Dietetics at the University of Northern Colorado. She is interested in exploring the intersection of tasty food and good nutrition. One of Dr. Gerweck’s favorite hobbies is knitting, which also serves as a form of meditation. Serving on the NCDA board is her way of giving back to the dietetic community. Becky Wiggins is currently working with the Poudre School District. She loves playing a role in establishing healthy habits for students at a young age and is passionate about making an impact for growing children and students in need. She loves to fly fish and play frisbee with her very energetic springer spaniel.

Members continuing their service with the NCDA board include, Ashley Ellis, RD, Haley Hughes, MS, RD, LD, CDE, Jericha Bair, MEd, RDN, Rebecca Robbins, MS, RDN, Stephanie Smith, PhD, RDN, Dustin Lee, MS, RDN, Christine Rock, MS, MBA, RD, Lisa Caldwell, MS, RD, LD, CLC, Lana Olsson, MS, RD, Jacqueline Rhoades, RDN, and Ashley Stoker, MS, RD. As we update our website, we will be posting positions and photos of each board member – stay tuned.

While we transition to a new board of directors and plan for the upcoming year, the NCDA will be surveying members for topics they would like to see for 2018-19. Be on the lookout for an email as we will be gathering members input for potential speakers and topics. We have some big plans for the coming year and anticipate an exciting membership year!

Dustin Lee, MS, RDN
NCDA Secretary 2018-2020
Southern Colorado Dietetic Association

Check out https://www.eatrightsoco.org/ for updates and events!
Happy New Year! Well for CAND anyway... As I mentioned in the last newsletter, we have even more events in store for our members this year and will continue to promote our RDs and DTRs as the nutrition experts of Colorado.

Here is what we have done so far!

On July 20th & 21st, we had a great turnout with over 700 individuals who stopped by our booth at the Obesity Action Coalitions’ Your Weight Matters Expo. Attendees were provided free clementine oranges and answered any weight management questions they had in regards to nutrition. Thank you to our registered dietitians Alice Parker, Linda Lee, Stephanie Thomson, and Xuan-Dao Pham who volunteered to help!

Stay tuned to your email and social media for more information on these upcoming events:

Food Bank of the Rockies Volunteer Day
Saturday, August 25th

New Belgium Brewery Tour and Networking Event
Saturday, September 8th

Follow us on Instagram and Facebook. You will be able to find events in your area from all the local dietetic associations and other relevant information. You can find us at @eatrightcolorado on Instagram and on Facebook at Facebook.com/eatrightcolorado.

Carrie Weitzel, RD
On July 13th, our members received 5 CEUs at the Farm to Table event hosted by Dairy MAX in Fort Collins, CO. Members toured Mouco Cheese Company where they sampled various cheeses, made homemade butter, busted common dairy myths with Dairy MAX, and walked around LaLuna Dairy Farm to learn more about how milk gets to our table. It was a fantastic event and we look forward to the next one!
On June 9th, we held our first of many volunteer days at Food Bank of the Rockies where members cleaned and packaged food donations in the main warehouse. Thank you to our volunteers who came out to help support our community and represent CAND. With your help and volunteers from other organizations, we were able to feed more than 7,000 families!

A huge thank you to Sarah Kinney, Theresa Paul, Leslie Reiker, Josh Phifer, Carrie Weitzel, and Brittany Sleeper for spending their Saturday volunteering!

Carrie Weitzel, RD
CAND Conference Photos

Kim Schwabenbauer, MS, RDN, CSSD, LDN
Sports Nutrition in the Real World—Translating Research into Reality

Leanne Ray, MS, RDN
Utilizing Blogging and Social Media Creatively to Reach Consumers Where They Are

Rebecca Robbins, MS, RDN & Matt Poling, Executive Chef for Greeley 6 School District
Branded with Passion

Representing Metro State University at the May 4th CAND Conference
2017-2018 Colorado Academy of Nutrition and Dietetics Scholarship and Award Winners

Outstanding Dietitian of the Year Award
Cynthia Dormer, PhD, RD

Recognized Dietetic Technician of the Year Award
Justin Batchelder, NDTR

Outstanding Dietetic Student Award
Dietetic Internship Program
Leana Maestas

Outstanding Dietetic Student Award
Individualized Specialized Practice Pathway
Stephanie L. Neu

Recognized Young Dietitian of the Year Award
Shane Spritzer, RDN, CNSC

Outstanding Dietetic Student Award
Didactic Program in Dietetics
Alex Silva

Member Scholarship
Rebecca Eberly, RDN, CDE

Emerging Dietetic Leader of the Year Award
Jeffrey T. Gilis, MFN, RDN, NCSF-CPT

Conference Scholarship
Haley Hughes, MS, RD, CDE

Conference Student Scholarship
Alicia Grove

Award recipients receive a plaque and certificate of recognition with a congratulatory letter from the President of the Academy. The list of recipients for the year will also be published in the fall issue of the Journal of the Academy of Nutrition and Dietetics!

The list of current and past winners is also posted on the CAND website here http://eatrightcolorado.org/award.cfm and applications are always accepted before the annual conference each year.
Thank you for reading!

If you have anything you would like in the next edition of the Prospector, please email brittany sleeper at besleeper1@gmail.com.

Have a happy and healthy day!