



6TH ANNUAL

Updates in Clinical Nutrition Conference

childrenscolorado.org/ce

November 3, 2017

Children's Hospital Colorado
Conference & Education Center
Aurora, CO

Provided by

Children's Hospital Colorado, Department of Clinical Nutrition



Children's Hospital Colorado



Affiliated with
University of Colorado
Anschutz Medical Campus

Overview and Target Audience

This conference is intended to present the most current research and application for clinical nutrition practice areas for the care of infants and children and will be of interest to staff at Children's Colorado, community physicians, nurses, dietitians and other multidisciplinary healthcare providers.

Educational Objectives

Upon completion of this conference, participants should be able to:

- Improve ability to identify a variety of nutrition risks often associated with children with special healthcare needs.
- Provide tools and resources to improve provider expertise in independently managing tube feedings in the pediatric patient.
- Examine how to accurately evaluate growth patterns in children with special healthcare needs.
- Dietitians and Medical Providers will discuss evidence based strategies for managing picky eating and identify when a referral to a feeding specialist may be needed.

Continuing Education Credit

Medical: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Hospital Colorado designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians and DTR's: Children's Hospital Colorado Department of Clinical Nutrition is a CPE Accredited Provider from the Commission on Dietetic Registration. This conference will provide 6.5 continuing professional education units (CPE) for RDN's and DTR's.

General: Upon completion of the evaluation, a certificate of attendance will be provided.

Location and Parking

This conference will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Ave, Aurora, Colorado. Please enter the hospital at the main entrance and take the elevators to the Conference and Education Center on the second floor.

Children's Colorado and University of Colorado Hospital employees must park in their designated area. Free parking for conference guests is available on the Lower Level of the Family/Visitor parking structure, just south of the hospital's main entrance.

Please visit childrenscolorado.org/directions for driving directions to Children's Colorado.

Registration Fees

	By 10/7	After 10/7
Anschutz Medical Campus Employees	\$75	\$90
Non-Anschutz Medical Campus Employees	\$95	\$110
Students	\$35	\$50

Pre-Registration is required. Register online at childrenscolorado.org/CE by October 7, 2017 to take advantage of the early registration fee.

Payments and Cancellation Policy

Online credit card is required at the time of registration. No refunds will be granted for non-attendance, although you may send a substitute (notification is required). The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance with a full refund to participants.

Hotel Accommodations

SpringHill Suites Denver at Anschutz Medical Campus: 720-859-1100. Please mention "Children's Hospital Colorado Business Rate" when making reservation.

Further Information

For more information contact Amy Ladd at 720-777-0928 or Amy.Ladd@childrenscolorado.org.

Children's Hospital Colorado Dietetic Internship Initiative

The Anschutz Medical Campus is the professional home to many registered dietitians, supporting the medical teams caring for children and adults. In 2010, an informal group of nutrition professionals representing Children's Colorado, University of Colorado School of Medicine Section of Nutrition, and the community came together to begin the process of designing a comprehensive dietetic internship program option on the Anschutz Medical Campus. It is because of the hard work of these initial representatives and now over 60 nutrition professionals on the campus whose dedication has allowed for the formation of the Children's Hospital Colorado Dietetic Internship Program – affiliated with University of Colorado School of Medicine and University of Colorado Hospital.

The 5th class of Dietetic Interns is currently training at Children's Colorado, University of Colorado Hospital and other facilities on the Anschutz Medical Campus. For more information about Children's Colorado Dietetic Internship program, please contact Amy Ladd, Internship Coordinator at Amy.Ladd@childrenscolorado.org. For more information on accreditation and dietetic internships, visit eatright.org/acend.

Agenda

Friday, November 3, 2017

- 7:15 a.m. Registration, Breakfast and Exhibits
- 7:45 **Welcome and Introduction**
Amy Ladd, MS, RD, CSP, CNSC
- 8:00 **Lyn Stevenson Pediatric Nutrition Lectureship - Children with Special Healthcare Needs: A Medical and Nutritional Overview**
Ellen Elias, MD
- 9:15 Break and exhibits
- 9:30 **Improving childhood eating behaviors**
Nikki Withrow, PhD, MS, RD
- 10:30 Break
- 10:45 **When eating is beyond picky: A multidisciplinary approach to feeding therapy**
Laura Pickler, MD, Arinn Makovsky RD, Rhonda Gramer CCC-SLP, Nancy Maune OTR/L
- 12:00 p.m. Lunch (provided)
- 1:00 Breakout Session
A. Ethical considerations in nutrition care plans for children with special healthcare needs
Jackie Glover, Ph.D
- B. Elimination Diets**
Sarah Kinder, MD, Kelly Klaczkiwicz, RD, CSP
- 2:00 Break
- 2:10 Workshops: Hands on training and case presentations (Choose 2 of 3 options: 2:10-3 p.m. and 3:15-4:05 p.m.; 15 minute break 3-3:15 p.m.)
A. Indications, development and implementation of a pureed by G-tube diet in the outpatient setting
*Jessica Youngberg, RD, CSP
Torie Christensen, MS, RD*
- B. Assessing nutritional needs and growth in children with special needs + case presentations**
*Laura Watne, MS, RD, CSP
Stephanie Drake, RD, CSP*
- C. My patient is not gaining weight: The index of suspicion, when to suspect that the problem is beyond calories?**
Liliane Diab, MD, Kim Gracey, PA-C
- 4:05 **Closing Remarks, Evaluation and Adjourn**

Conference Faculty

Torie Christensen, MS, RD

Clinical Nutrition, Special Care and Lifestyle Medicine
Children's Hospital Colorado

Liliane Diab, MD

Clinic Director, Growth and Parenting Clinic
Children's Hospital Colorado

Stephanie Drake RD, CSP

Clinical Nutrition, Growth and Parenting Clinic
Children's Hospital Colorado

Ellen Elias, MD

Medical Director, Special Care Clinic
Children's Hospital Colorado

Jackie Glover, PhD

Director of the Humanities, Ethics and Professionalism
University of Colorado, Denver

Kim Gracey, PA-C

Clinic Coordinator, Growth and Parenting Clinic
Children's Hospital Colorado

Rhonda Gramer, CCC-SLP

Speech Pathology, Feeding and Swallowing Program
Children's Hospital Colorado

Sarah Kinder, MD

Pediatric Gastroenterology
Children's Hospital Colorado

Kelly Klaczkiwicz, RD, CSP

Clinical Nutrition, Pediatric Gastroenterology
Children's Hospital Colorado

Arinn Makovsky, RD

Clinical Nutrition, Feeding and Swallowing Program
Children's Hospital Colorado

Nancy Maune, OTR/L

Occupational Therapy, Feeding and Swallowing Program
Children's Hospital Colorado

Laura Pickler, MD

Medical Director, Feeding and Swallowing Program
Children's Hospital Colorado

Laura Watne, MS, RD, CSP

Clinical Nutrition, Neuromuscular and Spinal Defects Programs
Children's Hospital Colorado

Nikki Withrow, PhD, MS, RD

Clinical Nutrition, Neurodevelopmental Disorders
Children's Hospital Colorado

Jessica Youngberg, RD, CSP

Clinical Nutrition, Pediatric Gastroenterology
Children's Hospital Colorado