

## **Molly Kellogg, RD, LCSW**

Speakers Topic: *“They Won’t Do What I Say!” Motivating for Health Behavior Change*



Molly Kellogg, RD, LCSW, is a nationally recognized expert on health behavioral change based in Philadelphia, PA. In her nutrition and psychotherapy private practice she currently specializes in eating disorders. She is the author of Counseling Tips for Nutrition Therapists: Practice Workbook and the Toolbox for Nutrition Counseling Education. She speaks and trains health professionals around the country. In 2007 and 2008 she served on the American Dietetic Association Evidence Analysis Library Nutrition Counseling Workgroup.

## **Donald K. Layman, Ph.D.**

Speakers Topic: *The Power of Protein in the treatment of Obesity, Metabolic Syndrome, and Diabetes*



Dr. Donald Layman is Professor Emeritus of Nutrition in the Department of Food Science and Human Nutrition at the University of Illinois at Urbana-Champaign. He is recognized for his research on amino acid metabolism, nutritional requirements during exercise and work with high protein weight loss diets. Dr. Layman has over 90 peer-reviewed publications and his research has been recognized by the American Society for Nutritional Sciences with the BioServ Research Award in 1986, the Shannon Award from the National Institutes of Health in 1992, and the Nutrition and Metabolism Society National Leadership Award in 2009. He has also received numerous awards and recognitions for his nutrition teaching at the University of Illinois. Dr. Layman served as Associate Editor of *The Journal of Nutrition* from 1989 through 1993 and he is currently Associate Editor of *Nutrition and Metabolism* and serves on the editorial board of the *Journal of Nutrition Education and Behavior*. Dr. Layman earned his B.S. and M.S. degrees in chemistry at Illinois State University and completed his doctorate in human nutrition and biochemistry at the University of Minnesota in 1978.

## Hal Rayle (Hollywood Cartoon/ Film Actor) and Maggie Roswell (Emmy Nominated Hollywood Voice Actress)

**Speakers Topic:** *Health and Humor, Impact of Animated Voices Between Old Radio and the Simpsons*



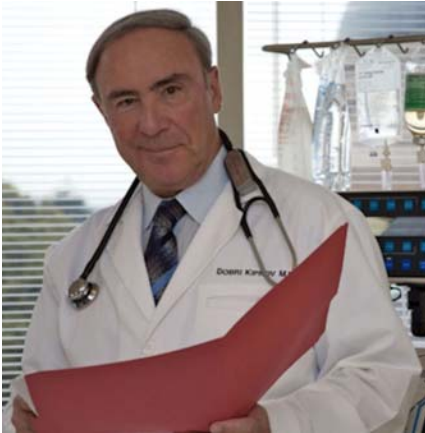
As a voice actor Hal Rayle has an extensive history in voicing animation, film, television, and radio commercials that have been viewed and heard throughout the global marketplace. Credits include the voice of **Alfred Hitchcock & the Hal-9000 Computer in Universal Theme Parks** as well as the **International spokesman for Universal World Wide. “Wee-Chee” the EWOK, The Voice of the Predator in Predator-2** and a variety of monsters sprinkled throughout the genre’. Hal's animation credits include: **Miss Piggy, Gonzo & Animal for the Muppet Monsters, The voice of the Tin Man for the Land of Oz (Animated)** as well as a host of characters for **G.I. Joe, The Transformers, Back to the Future, Teenage Mutant Ninja Turtles, Batman, Superman, Dark Wing Duck, 101 Dalmatians** and many other cartoon shows.

Maggie Roswell spent ten years Comedy & Improvisation with the Broadway/Television legend Harvey Lembeck in Hollywood. The Lembeck Improvisation Workshop was the boiler room of comedy legends. Maggie had the opportunity to improvise with Robin Williams, John Ritter, Joey Bishop, Phil Foster, John Larouquette and many other luminaries. After leaving Harvey's, Maggie became a protégé of the *Mother of Improvisation* Viola Spolin. It was there that she worked with Dan Castellenetta who she would later work with on *The Simpsons*. Maggie worked on Broadway with Paul Sills and a company of many people made up of The Compass Theater and Second City Chicago. Maggie loves being a side coach and guiding actors into the free zone of Improvisation.

Maggie is best known for the last 20 seasons for having created many of the original voices for the Emmy award winning 20<sup>th</sup> Century Fox Series **The Simpsons**. Her voices include: Maude Flanders, Helen Lovejoy & Ms. Hoover to name a few. She was an Emmy and Annie award nominee for her portrayal of Sharry Bobbins (**Simpsons** spoof of Mary Poppins). Ms. Roswell starred in the CBS television series **The Tim Conway Show** with Tim Conway & Harvey Korman. She has appeared in over 200 episodic television series. In film, Maggie appeared in **Lost In America, Pretty in Pink, Switchback and Silver City**. In over 30 years in the theater, Maggie's favorite experience was starring on Broadway with Paul Sills in **Sills and Company**. She and her producer husband Hal Rayle have a recording facility in Denver Colorado, where they live with their beautiful daughter Spenser. **Roswell & Rayle Inc.** creates radio and television advertising, as well as comedy messages, ringtones, and ringbacks for cel phone entertainment under the banner of Baboon Tunes

## **Dobri Kiprov, M.D.**

Speakers Topic: *The Impact of Nutrition on the Immune System*



Dr. Kiprov is an immunologist who received his training at Massachusetts General Hospital and Harvard Medical School. He is a world renowned pioneer in the field of therapeutic apheresis and intravenous immunoglobulin. He has recently developed a program called Lifestyle in Motion, which applies the most current scientific knowledge of immunology to create gourmet recipes using ingredients which enhance the immune system. Dr. Kiprov is the recipient of numerous awards and is a frequently invited speaker at national and international scientific meetings.

## **Susan Ramsey, MS, RD, CDE, LDN**

Speakers Topics: *Medical Nutrition Therapy, Medicare, and Reimbursement and “Diabetes-What’s in your tool kit?”*



Susan Ramsey MS RD CDE LDN is currently the Senior Manager of Medical Nutrition Services for Sodexo Health Care Nutrition Services with overall authority for all Sodexo Medical Nutrition Therapy (MNT) sites for the company including Medicare enrollment, MNT installation, training, clinical outcomes and Medicare compliance and billing. In addition, Susan supports all the Sodexo outpatient nutrition programs and is a member of the Sodexo Nutrition Leadership Team. She received her undergraduate degree in a coordinated program from the University of Delaware in Newark, DE and her masters at Saint Joseph’s University in Philadelphia, PA. She is a registered dietitian, certified diabetes educator, certified diabetes pump trainer with Medtronic Diabetes, Volunteer Accreditation Auditor with the American Association of Diabetes Educators and licensed in Pennsylvania.

She assumed her current position in September 2002 after serving as Manager of Out patient Nutrition and Diabetes at the Frankford Health Care System in Philadelphia, PA. Prior to becoming a part of the nutrition leadership team, she served as the coordinator of a DSMT program, originated the Philadelphia Nutrition Therapist Network and managed the ambulatory Wellness Lab.

Ramsey began her career with the company as an Out patient dietitian Marriott Services in the Health Care division in 1989. During her career she has had a private practice, taught college seminars and currently volunteers at summer camp for children with diabetes.

## Lucille Beseler, MS, RD, LD, CDE

Speakers Topic: “*License and Registration Please*”



In 1992, Lucille Beseler founded the Family Nutrition Center a private nutrition practice in South Florida (encompassing a 150 mile area from Miami to Palm Beach County). She is now the President and owner of three companies including a private nutrition practice with a staff of 4 RD’s and 3 office administrative staff, an event staffing company, and a non-profit foundation.

Ms. Beseler has fifteen years of experience in dietetics-related leadership positions, and 23 years of practice specializing in pediatric dietetics including childhood obesity. As someone who is dedicated to the politics of dietetics and constantly making or looking for opportunities to promote our profession, Lucille Beseler has been involved in national, state and local legislative activities.

Ms. Beseler has conducted over 200 presentations in the last 10 years to professionals, and the lay public in Florida and throughout the country. She is routinely interviewed by local media including: TV affiliates, newspaper and radio stations. She coauthored a book titled *Nurturing with Nutrition*, with the goal of providing parents and caregivers ideas for promoting healthy eating habits in their infants and children. The American Dietetic Association has recognized her expertise as a leader on many occasions. At their request, Ms. Beseler addressed state dietetic association leaders at the annual Leadership Affiliate Training (2008) session with a presentation entitled “What Kind of Leader Will You Be?”. In March 2009, she joined then ADA President, Martin Yadrick, to speak with congressional members about childhood obesity. In addition, Ms. Beseler has spoken for the American Dietetic Association on various important topics for the nutrition professional from essentials of private practice to motivation.

## Mary Kraft, Owner and manager, Badger Creek Farm, Inc. and Quail Ridge Dairy, LLC

Speakers Topic: *From Farm to Table: A Colorado Dairy Perspective*



Mary graduated from Colorado State University in Technical Journalism and completed her Masters of Business Administration in 2004 from the New York Institute of Technology. Mary was a featured panelist at the International Symposium for Dairy Women at the World Dairy Expo in 2008, discussing sustainability and farming practices that make dairy an integral partner in environmental management.

Mary starting feeding calves when she was 7 years old on her family's dairy which was homesteaded in 1906. She took over the 1 am to 6 am milking shift before school each day at age 11.

Ten years later, Mary and husband, Chris bought their own 120 cow dairy in Fort Morgan, Colorado. Through multiple remodels, Badger Creek Farm evolved into a 1500 cow dairy. Then, Mary and Chris designed and general contracted the construction of Quail Ridge Dairy, a 4000 cow bed and breakfast. They completed and filled the dairy in 2007.

The family dairies employ 75 employees, deliver 25-30 babies each day and send 7 semi loads of milk to the market each day.

The two dairies and the farm-ground that both produces feeds, and incorporates needed nutrients back into the soil for future crops from cow manure, operate within a few miles of each other. The Krafts host several hundred school children and adults each year at the dairies, sharing stories and experiences about the dairy, the environment, and milk’s incredible role in our world.

Mary writes a quarterly column for both Dairy Herd Management and the DFA Leader magazines, and is a school room dairy ambassador for Western Dairy Association.

## **Dr. Jacqueline Jacques**

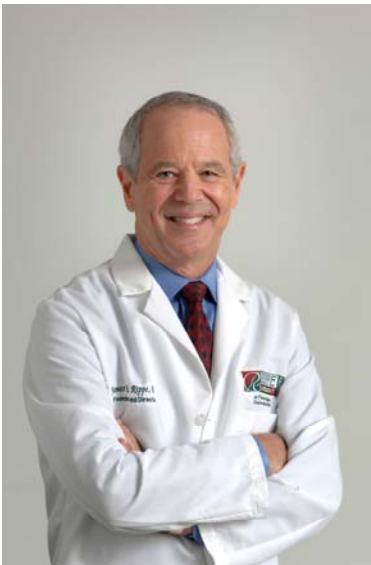
Speakers Topic: *Full Nutrition Assessment*



Dr Jacqueline Jacques is a Naturopathic Doctor with more than a decade of expertise in medical nutrition. Dr Jacques has spent much of her career in the dietary supplement industry as a formulator, speaker, writer and educator. She is the Chief Science Officer for Bariatric Advantage, a company dedicated to providing the best of nutritional care to weight loss surgery patients. Additionally acknowledged for her general expertise in natural medicine, Dr Jacques appears as a guest on radio and television, and regularly writes articles for trade publications. She lectures both nationally and internationally to health professionals and the public alike. She has dedicated the vast majority of the past eight years of her life to the weight loss surgery community, teaching medical nutrition and advocating for standards in nutritional care. Her greatest love is empowering patients to better their own health. She is also the author of a clinical guidebook called Micronutrition for the Weight Loss Surgery Patient, available through Matrix Medical Communications. She additionally serves on the boards for the Obesity Action Coalition and the Samueli Center for Integrative Medicine at the University of California, Irvine. When not working, she spends as much time as possible with her 2 sons, ages 7 and 10.

## **James M. Rippe, M.D.**

Speakers Topic: *The Rest of the Story- The Real Science Behind High Fructose Corn Syrup*



James M. Rippe, M.D. is a graduate of Harvard College and Harvard Medical School with post graduate training at Massachusetts General Hospital. He is currently the Founder and Director of the Rippe Lifestyle Institute, Associate Professor of Medicine (Cardiology) at Tufts University School of Medicine, and Professor of Biomedical Sciences at the University of Central Florida. Over the past 20 years Dr. Rippe has established and run the largest research organization in the world exploring how daily habits and actions impact short and long-term health and quality of life. This organization, Rippe Lifestyle Institute (RLI), has published hundreds of papers that form the scientific basis for the fields of lifestyle medicine and high performance health. Rippe Lifestyle Institute also conducts numerous studies every year on nutrition and healthy weight management.

Dr. Rippe also serves as the Chairman of the Center for Lifestyle Medicine at the University of Central Florida (CLM at UCF). The CLM at UCF is the first University based organization to conduct basic research and teach students at all levels in the area of lifestyle medicine. The CLM at UCF is located in a state-of-the-art 8,000 square foot facility in the Research Park adjacent to the UCF campus. Dr. Rippe leads a team of UCF faculty conducting basic research in all aspects of lifestyle medicine at the CLM at UCF.

**Paul Goldberg, MS, RD, CSCS, USAW, CSSD**

Speakers Topic: *The Role of Team Sports Dietitians*



Paul Goldberg begins his 11th year with the Avalanche, as the club's strength and conditioning coach and Dietitian.

Goldberg oversees the year-round conditioning program of players throughout the Avalanche system and works closely with the team medical staff on player rehabilitation needs. He also constructs the summer workout regime for all the players, specifying the workouts, conditioning and nutrition programs to the specific individual needs of each player, as well as overseeing team and the organization's nutritional needs

Goldberg, 42, earned his BS in Physiology at the Western State College of Colorado and his masters degree in nutrition and exercise at Colorado State University. Before joining the Avalanche training staff, Goldberg served as assistant strength coach at Colorado State for four years and as head strength coach at Eastern Michigan University for one year.

Paul is certified by the American Dietetics Association as a registered dietitian and Certified Specialist in Sports Dietetics, the National Strength & Conditioning Association, and USA Weightlifting.

**Ron Shumucker, Chef, RD**

Speakers Topic: *Wine and the Mediterranean Diet- A Cooking Demo*



In addition to being an RD, Ron is also a Chef. He graduated from the Culinary Institute of America, a school considered to be the leader in culinary arts education in the US. Ron has worked in many different food service operations for 20 years most notable the Broadmoor Hotel in Colorado Springs. He has worked for Sodexo in Hospital food services for the past 7 years and is currently the Director of Food and Nutrition Services at Swedish Medical Center in Englewood CO.

## **Karen Harbor, Co-Founder, Director of Sales and Tea Spot Chef**

Speakers Topic: *Cooking with Tea Leaves*



Introduced to tea at a young age by her mother with whom she frequently visited New York tearooms to taste tea and collect teapots, Karen Harbour grew up to co-found The Tea Spot. She serves as Director of Sales where she started out selling direct to 5 local Whole Foods Markets at the end of 2005. Since then, she has gotten into major natural/specialty distributors nationally and in over +1000 stores. Harbour is now focused on expanding internationally with the introduction of The Tea Spot's Private Label STEEPWARE™ Program. Determined to make loose leaf tea an everyday luxury, she is currently attending culinary school to better understand how to use tea as culinary ingredient. Better known as the Tea Spot Chef, she teaches cooking with tea classes regularly which enables her to show people all the different ways to use tea.

Harbour is a seasoned business professional and aerobics instructor with a strong desire to help others live healthy, active lives. A recent graduate of the Culinary School of the Rockies, Harbour teaches monthly cooking with tea classes at Whole Foods, Chef's Cooking School and at privately held tea parties throughout the area. Prior to co-founding The TeaSpot, Harbour was a foodservice entrepreneur, working as the Director of Community Relations, Marketing, and Catering for Illegal Pete's, a casual, upbeat Mexican eatery. There, she helped Illegal Pete's earn the distinction of 2003 Boulder Small Business of the Year. During her seven-year tenure there, Harbour grew sales by 600 percent and helped systemize operations, getting it to the point to franchise.

In addition to her work with The Tea Spot, Harbour is also active in the Boulder, Colo. community. She served 4 years as chair of the University Hill General Improvement District Boulder Development Board and since 1997 she has been a series editor of the Business subcommittee for the Conference on World Affairs at her alma mater, the University of Colorado at Boulder, where she graduated with a double major in Spanish (honors) and Sociology and a minor in Philosophy

## **Amanda Lester**

Speakers Topic: *Picky Eaters and Problem Feeders*



Amanda is an experienced pediatric speech pathologist who has worked with children in school, hospital, and private practice settings since 2001. While she works with a variety of diagnoses, she has specialized in treating children with emotional disorders, feeding disorders and developmental delays. In addition to working with Dr. Toomey since 2005, Ms. Lester is has a private practice that focuses on creating consistency of intervention between the school, home and other therapies.